

## Anthropology 235: Cross-Cultural Medicine

### Instructor:

Office:	D110H
Office Hours:	ONLINE
Telephone:	(425)564 – 4188
Email:	Primary email communications will through the Canvas Email System. Secondary communication may occur using my BC email account, replies may be delayed. <a href="mailto:Tony.tessandori@bellevuecollege.edu">Tony.tessandori@bellevuecollege.edu</a>

### Meeting Times & Locations

Friday

2:30pm - 4:20pm on ZOOM

Final

TBD

### Course Overview:

Anthropology is the holistic study of humans. We combine methods, theories, and data from natural sciences, social sciences and humanities to examine human experience in the broadest framework possible. Anthropology courses explore human biology, origins, prehistory, cultural diversity, and religious experience. Students in anthropology courses acquire basic skills in critical thinking, oral and written communication, quantitative reasoning, group interaction, and cultural diversity.

### Content for Anthropology 235: Cross Cultural Medicine

This course offers students a holistic and cross-cultural overview of cultural and social influences on disease and health care. It examines the role of social and cultural factors in influencing the type and frequency of disease, the way people define and explain disease as well as health. It will also explore the way people adapt to changing environments, and the manner in which people respond and relate to the delivery of modern medicine. We will also examine the application of evolutionary principles to the realm of public health and disease control.

### At the conclusion of this class you will be able to:

- Define the role of medical anthropology in cross-cultural studies of health and outline methods of study for cross-cultural health practices
- Compare and contrast cross-culturally the definition of health, sickness and healing and the role of health practitioners
- Analyze the relationship between biology, culture and social factors and their influences on health
- Explain cultural adaptations to changing environments and how these variable impacts health
- Critique global cultural and social patterns that affect epidemiology

### General Education Requirements

Big Three: Connections – Cultural Diversity	3
---	---

### Student Responsibilities

To make the most out of the educational opportunities in this class, you need to take an active and energetic role in your own learning process. Success can best be achieved by completing the following student responsibilities.

- Complete all reading assignments before class on the day assigned.

- Participate actively in each discussion activity. We cannot reproduce a classroom level discussion so no make-up discussions are available. Absences will have a negative impact on your grade.
- Take advantage of extra credit opportunities.
- Use the instructor's office hours for questions.

## Textbook Requirements

**“Exploring Medical Anthropology” 4<sup>th</sup> Ed, (2017) by Donald Joralemon (ISBN:9781138201866) - “EMA”**

**“DANCING SKELETONS”, 20TH ANNIVERSARY ED. BY DETTWYLER (ISBN: 9781478607588)**

## The Flipped Class Structure

This class will be a modified flipped class. This means I will assign materials and some preparatory activities you will do on your own home. Then when we meet for class much of the time will be used to discuss materials and perform in-class activities that will further develop and reinforce the materials. My hope is that this will be fun, interesting and effective at providing you with the meaningful parts of Medical Anthropology.

As you've been informed, this class will meet virtually every Friday from 2:30 – 4:20pm. These sessions are mandatory. In-class activities conducted each session will count for point and cannot be made up or done outside of class.

## Evaluation

Student evaluation centers upon successful mastery of the course content. Final grades will be based upon the following set of assignments and point distributions.

- Hybrid Journal: 150 pts.
- Exams (2 x 75): 150 pts.
- In class activities: 100 pts.
- Folk Medicine/Treatment Poster: 150pts
- Ethnography (Presentation): 250 pts

## Hybrid Journal activities:

Each week, readings, posted lectures and online resources will be assigned on Canvas to fill out the balance of class time. The assigned materials will serve as an introduction and support for topics we will cover during class sessions. These materials are assigned as there are themes that run through each of them as well as materials covered in class. For each week you will read and review all materials after which you will compose a one to two page summary of the materials and the connections you can find between them. These will be submitted online prior to the start of class on the Friday of that week. I am leaving this fairly open as I want you to look for the most meaningful connections for you. More will be discussed in class.

## Exams:

There will be two 75 points Exams this quarter. There will be one at the mid-point of the quarter and one near the end. The material covered will correspond to the material covered in the sections prior to each exam. All materials covered in this course (Textbook chapter, in-class lectures, online lectures, readings, and activities are all fair game. We will talk about these exams as they get closer. These will most likely be conducted online.

## In-class Activities

Each week we will have in-class activities, these will usually consist of group activities, demonstrations and experiments. This will be the first time I will be running this class this way so it's going to be interesting but we will get through.

## PROJECTS:

### Folk Medical Systems/Treatment Poster

You will conduct a research project focused on the medical practice and/or system of a non-western culture. You will present your poster to the class during week 6. More information will be provided during week 2.

### Illness of a Disease Ethnographic Project

Part of understanding and developing a sense for the difference between perception and reality of an illness incident is to learn someone's story. The Medical Ethnographic Project will give you the opportunity to study an actual case of illness and various perspectives around it. For this project, you will interview a person with an illness, or someone whom has had an illness. When I say illness, I do not mean an everyday illness (Colds, Flues, Allergies...). We are looking for conditions that have the potential to alter someone's life. As a second step, you will also interview a person involved in the "ill" person's life. This will provide you with another perspective of the illness.

You will put together a 15 to 20-minute presentation on the illness event you studied. You need to discuss the both the insiders (emic) and the outsiders (etic) perspectives.

A more detail explanation will be handed out in class. The presentations will occur during the week of class and finals week. All students are required to attend all student presentations. Students missing presentations will lose points.

### Grading Scale

Your final grade will be based upon the accumulation of points using the table below.

Grade	Points	Percent	Grade	Points	Percent	Grade	Points	Percent
A	800 - 720	90-100%	C+	623 - 576	72-77.9%	D	463 - 400	50-57.9%
B+	719 - 688	86-89.9%	C	575 - 512	64-71.9%	F	<400	<50%
B	687 - 624	78-85.9%	D+	511 - 464	58-63.9%			

### Course Schedule (Very Tentative) Weekly assignment will be provided on the Canvas home page

Week	Online Activities to be completed prior to Friday		Lecture topic <b>BOLD indicates online lecture</b>
Week 1 4/10	<b>Review syllabus</b>	Health in a bag Project - Bring to class on Friday	<ul style="list-style-type: none"> <li>Introduction to course</li> <li>Symbolic Healing and Harming*</li> </ul>
Week 2 4/17	EMA Chapter 2 Mountains Part 1	Methods of Studying Culture*	<ul style="list-style-type: none"> <li>Interviewing</li> <li>Qual vs Quant</li> </ul>
Week 3 4/24	Body Rituals Among the Nacirema	Dancing Skeletons Ch1, 3, &4	<ul style="list-style-type: none"> <li>Disease 'vs' Illness, Signs 'vs' Symptoms</li> <li>Disease Causation and Treatment*</li> <li>Why study Medical Anthropology*</li> </ul>
Week 4 5/1	EMA Chapter 3 Spirit Ch 1 - 3	<ul style="list-style-type: none"> <li>Why Cambodians</li> <li>Cultural Construction of Disease</li> </ul>	<ul style="list-style-type: none"> <li>Critical Medical Anthropology</li> <li>Systems of Medicine*</li> </ul>
Week 5 5/8	EMA Chapter 4	Look Upstream?	<ul style="list-style-type: none"> <li>Folk Treatments</li> </ul>
Week 6 5/15	EMA Chapter 5 and 6	Spirit Ch 4 - 5 <ul style="list-style-type: none"> <li>Second Opinions with T.R. Reed</li> </ul>	<ul style="list-style-type: none"> <li>Example Ethnography</li> <li>Poster practice</li> </ul>

		• Culturally bound syndromes	
Week 7 5/22	Exam 1		• Folk treatments Posters
Week 8 5/29	Far from the Tree Sound and fury		• Stigmatized Conditions and Chronic Illness • Body as a machine and Pregnancy
Week 9 6/5	Dancing Skeletons 10 Business of being Born Activity		• Levels of Causation • Adaptation
Week 10 6/12	Evolutionary Medicine		
Week 11 6/19	Ethnography posters and Ethnography of a disease presentations		
	Finals week 6/17 – 6/19		

## MY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM					
9:30 AM	Office Hours 9:30 - 10:30		Office Hours 9:30 - 10:30	Office Hours 9:30 - 10:30	Office Hours 9:30 - 10:30
10:00 AM					
10:30 AM	Anth& 215 10:30 - 12:20	Anth&236 10:30 - 12:20	Anth& 215 10:30 - 12:20	Anth&236 10:30 - 12:20	Anth& 215 10:30 - 12:20
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM		Office Hours 12:30 - 1:30			
1:00 PM					
1:30 PM					
2:00 PM					
2:30 PM					Anth&235 B120 2:30 - 4:20
3:00 PM					
3:30 PM					
4:00 PM					

## Tentative Anthropology Offerings Summer and Fall 2020

NUMBER	COURSE NAME	Summer		Fall	
		campus	online	campus	online
ANTH&100	Survey of Anthropology	X	X	X	X
ANTH 101	Intro to North American Archaeology			X	
ANTH&125	Human Variation		X		
ANTH 180/CES 180	American Life & Culture		X	X	X
ANTH&204	Archaeology*		X		
ANTH&205	Biological Anthropology+		X	X	
ANTH&206	Cultural Anthropology*	X	X	X	X
ANTH 208	Language, Culture and Society*		X	X	X
ANTH&215	BioAnthropology w/lab+			X	
ANTH 220	Culture, Sex and Gender				X
ANTH 222	Film and Culture				X
ANTH&235	Cross-Cultural Medicine			X	
ANTH&236	Forensic Anthropology				X
ANTH& 234	Religion & Culture		X		

(\* denotes required courses for the Academic Concentration in Anthropology)

(+ denotes a choice between two courses for the Academic Concentration in Anthropology)

## Academic Integrity and Safe Zone

Cheating and plagiarism will not be accepted. Proper citation of ideas, concepts and quotes that are not your own is required. Cheating and plagiarism will result in a zero score on that assignment and will be reported to BC administration. This class is designed to explore and discuss controversial issues. Sometimes these issues evoke emotional or personal repossess. It is important for students to be able to speak their minds without worrying about ridicule, demeaning remarks, or hurtful statements. Any occurrences of such comments will be dealt with immediately.

## Preventing Plagiarism

Plagiarism is a form of academic dishonesty occurring when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.
- f. Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

## WHAT COURSES IN ANTHROPOLOGY ARE OFFERED AT BC?

There is a general introductory class (Survey of Anthropology) which highlights all four sub-disciplines of anthropology. BC offers in-depth courses in Anthropology which I encourage you to take: archaeology (Great Discoveries in Archaeology; Archaeology; Ancient North America; Incas & Their Ancestors; Aztecs, Mayas, & Their Ancestors), Biological anthropology (Biological Anthropology; Bioanthropology with Lab; Cross-cultural Medicine; Forensic Anthropology), Cultural anthropology (Food, Drink, & Culture; American Life & Culture; Cultural Anthropology; Sex, Gender, & Culture; Environment & Culture; Film & Culture; Religion & Culture) and linguistics (Language, Culture, & Society). Check BC's Course Catalogue for a full description of each course. We will also be offering several special topics courses spanning the discipline. Topics may include Primatology, Experimental Archaeology, Anthropology of Immigration and Scandinavian Culture. There are no prerequisites for any of these courses and they fulfill degree requirements. Different formats (on campus, on-line, hybrid) are offered. Stop by and visit the Social Science Advisor, Deanne Eschbach, in Room D110, for free professional planning and advising, or contact Anthropology Prof. Anthony Tessandori at [tony.tessandori@bellevuecollege.edu](mailto:tony.tessandori@bellevuecollege.edu) to learn more about majoring in anthropology.

## ARE YOU INTERESTED IN EARNING A CONCENTRATION IN ANTHROPOLOGY, ALONG WITH YOUR DEGREE?

In addition to earning an AAS degree, you can take 20 credits of required courses to earn a concentration in Anthropology. These four courses provide the basic foundation of Anthropology and represent the 4-field approach of American Anthropology. All of them are be offered on campus and on-line.

ANTH& 204 – Archaeology (5 credits of Social Science)

ANTH 208 – Language, Culture, & Society (5 credits of Humanities or Social Science)

ANTH& 206 – Cultural Anthropology (5 credits of Social Science)

ANTH& 215 – BioAnthropology with Lab (6 credit of Lab Science) **or** ANTH& 205 – Biological Anthropology (5 credit of natural science)

## SNOW DAYS or other non-schedule class cancelations

The possibility is always there that class will be cancelled unexpectedly. In the case that class is cancelled, I will post information on Canvas as an announcement. This will include lecture material, assignments and handouts. It is your responsibility to check this in a timely manner before the next class session. Material provided in this way will be covered as a review in class but may not be lectured on in detail.

## What courses in anthropology are offered at BC?

There is a general introductory class (Survey of Anthropology) which highlights all four sub-disciplines of anthropology. BC offers in-depth courses in Anthropology which I encourage you to take: archaeology (Great Discoveries in Archaeology; Archaeology; Ancient North America; Incas & Their Ancestors; Aztecs, Mayas, & Their Ancestors), biological anthropology (Biological Anthropology; Bioanthropology with Lab; Cross-cultural Medicine; Forensic Anthropology), cultural anthropology (Food, Drink, & Culture; American Life & Culture; Cultural Anthropology; Sex, Gender, & Culture; Environment & Culture; REEL Culture; Religion & Culture) and linguistics (Language, Culture, & Society). Check BC's Course Catalogue for a full description of each course. We will also be offering several special topics courses spanning the discipline. Topics may include Primatology, Experimental Archaeology, Anthropology of Immigration and Scandinavian Culture. There are no prerequisites for any of these courses and they fulfill degree requirements. Different formats (on campus, on-line, hybrid) are offered. Stop by and visit the Social Science Advisor, Deanne Eschbach, in Room D110, for free professional planning and advising, or contact Anthropology Prof. Anthony Tessandori ([tony.tessandori@bellevuecollege.edu](mailto:tony.tessandori@bellevuecollege.edu)) to learn more about majoring in anthropology.

## Communication

According to Bellevue College policy, I am only allowed to communicate with students over official BC emails systems (Bellevue Email or Canvas). If you email me from your personal email I may not respond. I am also subject to FERPA law which states that I am not allowed to communicate with any other person outside this institution about your academic issues without given and documented consent (this includes parents, non-BC teachers or instructors)

## Message from the chair

The Anthropology Department consists of a group of dedicated educators. We all want our students to learn and grow as they progress through their educations. We all are passionate about our fields of study and believe that what we have to say is important. We all feel that it is important that you come to class and take part in the learning process. We also know that life happens outside of our classrooms and missing class is sometime unavoidable. In order for all of us to work together an open dialog between students and instructors is key. Most often an understanding can be reached when outside situation arises. If at any time during the quarter, you find that you are having concerns with the way a situation is being handled there are some steps to be followed. First you should talk direct to the instructor ask for clarification or further explanation. If you feel you are not getting the results you require, contact me (Anthony Tessandori, Department Chair) at [tony.tessandori@bellevuecollege.edu](mailto:tony.tessandori@bellevuecollege.edu). I will do what I can to help resolve any issues. If I am unable to help alleviate your concerns, you should contact the Interim Dean of Social Science (Virginia Bridwell) at [Chris.bell@bellevuecollege.edu](mailto:Chris.bell@bellevuecollege.edu)

I look forward to the coming quarter and I hope to speak to each of you about the possibilities anthropology has to offer.  
Have a great quarter ~ Tony Tessandori

## Explore the LMC!

The Library Media Center is at your fingertips! I *strongly* encourage you to visit the LMC at least this quarter, but you can also access it via the web. Talk to a Reference Librarian at the Library (D-126), by calling (425) 564-6161, or by email: [reference@bellevuecollege.edu](mailto:reference@bellevuecollege.edu).

- **Main Library Media Center:** <http://bellevuecollege.edu/lmc/>
- **For the LMC online catalog:** <http://bellevuecollege.edu/lmc/catalogs.html>
- **For article databases:** <http://bellevuecollege.edu/lmc/periodicals.html>



## For all of your written work:

Submit proofread work **only**. Work not proofread will be returned **once** for a rewrite, expected to be handed in within 48 hours. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Writing Lab @ BC: <http://bellevuecollege.edu/writinglab/>

## Procedures and guidelines of the social science division

### Cheating, Stealing and Plagiarizing\*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services and at [http://bellevuecollege.edu/policies/2/2050P\\_Student\\_Code\\_\(Procedures\).asp](http://bellevuecollege.edu/policies/2/2050P_Student_Code_(Procedures).asp)

Email Communication with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

### ***Incomplete***

The following conditions must be met for an incomplete (I) grade to be issued:

- Students must request an incomplete grade
- However, agreeing to issue an incomplete grade is at the discretion of the instructor
- Students must have completed 85% of the required coursework by the time the quarter ends
- ***Students must have earned at least a C average for all other completed coursework***

**F Grade: *Students who fail a course will receive a letter grade of "F."***

### Hardship Withdrawal (HW) Option Eliminated:

- Faculty should assign the grade earned
- Students with extenuating circumstances may submit an appeal to Student Central to ask that a failing or poor grade be changed to an official withdrawal (W)
- Students with a medical situation may also qualify for a refund of tuition and fees

Final Examination Schedule: The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

The Disability Resource Center: Serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact us as soon as possible. If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter. If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. Contact [asn@bellevuecollege.edu](mailto:asn@bellevuecollege.edu) or (425) 564-2764. ASN is located in the Library Media Center in D 125. [www.bellevuecollege.edu/autismspectrumnavigators/](http://www.bellevuecollege.edu/autismspectrumnavigators/). The DRC office is located in B 132 or you can call our

reception desk at (425) 564-2498. Deaf students can reach us by video phone at (425) 440-2025 or by TTY at (425) 564-4110. Please visit our website for application information into our program and other helpful links at [www.bellevuecollege.edu/drc/](http://www.bellevuecollege.edu/drc/).

Religious Accommodations: Reasonable Accommodations for Reasons of Faith and Conscience: Students who will be absent from course activities due to reasons of faith or conscience may seek reasonable accommodations so that grades are not impacted. Such requests must be made within the first two weeks of the course to the office of the Associate Vice President of Student Affairs (see Bellevue College [Policy 2950](#)). In the event you feel you are being discriminated against based on faith or conscience, you may refer to the procedures outlined in the college's Discrimination, Harassment and Retaliation Policy ([1440P](#)).

Students will apply for accommodations through Office of the Associate Vice President of Student Affairs during the first two weeks of the quarter. (If a student asks you in the first week of class about missing days for faith and conscience, please refer them to this [Request Form](#) to document their request.) In a manner similar to the DRC, the Student Affairs AVP will approve the accommodation and inform, support and work with the faculty member to accommodate the requested days. That may include an alternate test day, or extended deadlines/alternate assignments for work completed during class time. (Test make-ups can be scheduled in the testing center at no charge to the student.)

Distribution of Grades: Grades will not be posted in the Social Science Division or in faculty offices, and program assistants or coordinators will not give out grades. Students should access their grades through the BC Web site.

Return of Papers and Tests: Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

College Grievance Policy: Procedure regarding grievances for discrimination, harassment and retaliation) can be found at <https://www.bellevuecollege.edu/policies/id-1440p/>

*\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*