



ANTH 108: Food, Drink and Culture Spring 2020

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Office Hours: by appointment (please email to set up a meeting time)

WELCOME TO ANTH 108: FOOD, DRINK AND CULTURE

Anthropologists are scientists who study both biological and cultural characteristics of human beings, both modern and ancient. We travel far and wide and generations back in time in order to understand where we came from, where we are now, and where we are going. As a comparative science, anthropologists also study the traditions and customs of other cultures as well as our own society. This course focuses on how what we consume (food and drink) affects us as human beings in the past and present. We will examine topics such as the archaeology of food, food and nutrition, the ideology of food and global challenges of food systems.

Course Description and Objectives

Anthropology 108 is a 5-credit course that introduces you to the discipline of anthropology and how this relates to food, drink and culture. You will be exposed to the basic underlying principles, theories, and methods of anthropology through lectures, textbook readings, articles, discussions, and visual materials. We will look at a number of questions related to food and culture throughout the quarter: where does our food come from and what are impacts of this on a global level? We will examine how aspects of human history and evolution such as domestication of plants and animals affected and continue to affect our diet. Other aspects of inquiry will include: why we eat what we eat and what does this have to do with class, gender and ethnicity? Why is food so important to culture? By the end of the quarter you will have some new insights in food, culture and anthropology.

Learning Outcomes for ANTH 108

Upon completion of this course, students will be able to:

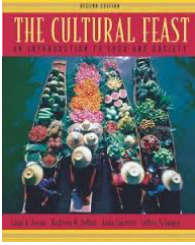
- Explain the role that nutritional anthropology plays in understanding human consumption of food and drink.
- Assess the human diet from a biological evolutionary perspective, especially the influences that our primate origins have on our overall nutritional needs.
- Appreciate the complexity and origins of world cuisines and beverages.
- Connect various aspects of culture to the choice and consumption of food and drink.
- Identify the symbolic aspects of food and drink in various cultures and how these items convey values and norms.
- Enumerate major global food challenges the world faces today.
- Analyze one's own diet through the lens of nutritional anthropology.

General Education Ratings for ANTH 108

This course fulfills the General Education requirement of "Connections".

Books and Materials Required

REQUIRED TEXTBOOK



The Cultural Feast: An Introduction to Food and Society Carol A. Bryant, Kathleen M. DeWalt, Anita Courtney, and Jeffery Schwartz, Thomson Wadsworth, 2003.

- **Other materials (e.g. films, articles will be posted to CANVAS)**

Course Requirements: This is an intensive course. Be prepared to do all readings and meet deadlines!

The Syllabus: You are required to review this entire syllabus and the Procedures and Guidelines of the Social Science Division. Enrollment in the course constitutes an agreement to abide by the policies set forth in these items. You are required to complete the Course Agreement/Syllabus Quiz as soon as possible.

Active Participation: This means timely contributions that are thoughtful and meaningful. Active Participation will be expected of each of you. You should read all material for each class ahead of time in preparation for constructive participation. Participation does not just mean speaking, it means listening to others views and being respectful. Participation figures importantly in borderline final grades. I strongly feel that students should take responsibility for their own learning.

Three Zoom Activities: This has traditionally be an on campus class. Due to the current situation it has been adapted as an online class. I have gathered a lot of feedback. Based on this I have tried to construct this class primarily as an asynchronous class to provide an element of flexibility. I have also included 3 Zoom meetings to foster a sense of community and interaction, that many look for when signing up for an on campus class. Do you not need a Zoom account. A link will be emailed/posted for you to join the meeting. You are expected to attend the 3 meetings, however if you are unable to this will NOT count against your grade. There are alternate options to Zoom activites in the form of a 500 word written assignment to be submitted by the Sunday of that week. Our 3 Zoom meetings will occur:

THURSDAY, APRIL 9, 12:30-1:30pm (Introductions)
THURSDAY, MAY 14, 12:30-2:30pm (GMO Debate)
THURSDAY, JUNE 18, 12:30-2:30pm (Presentation Symposium)

Zoom Etiquette

1. Test your microphone and camera before the meeting starts
2. You will be automatically muted and your camera turned off when you join the meeting. Please keep your microphone muted at most times, to reduce distracting background noise.
3. If you have questions, post them in the chat. You can open the chat by clicking on the chat button at the bottom of the Zoom screen.
4. I will ask for a volunteer to monitor the chat and let me know (via audio) if I fail to notice a question or technical problem.
5. All comments in the chat should be respectful

Three Assignments: To reinforce course concepts and evaluate your critical thinking you will be completing assignments. These assignments are approximately 500-750 words or 3-4 pages and will involve you utilizing some key anthropological ideas. It is necessary that you incorporate course material (readings, lecture etc.) in

a manner that fully demonstrates your understanding in an insightful manner to obtain full marks for these assignments. Include your word count in bold at the bottom where it is appropriate to the task.

Presentations: You will be required to design a research presentation on an issue related to food, drink and culture. This will be a presentation on a significant issue that has relevance to both anthropology and a wider non-academic audience. You will be required to come up with a proposal and final presentation. You may submit a draft of your final presentation at the specified deadline if you wish to receive feedback prior to your final submission. This is based on academic research (i.e. not Wikipedia articles or websites). You will have access to the BC library academic journal database online as well as Google Scholar.

******You may work with a partner of your choosing from this class. It is entirely your responsibility to find that partner, decide on division of labor, handle any communications or disagreements yourself. Should you find that your partnership is not working out, each of you is still required to submit an individual presentation.

Research Symposium: Your hard work will culminate in an online symposium. This means others will be viewing your presentation and then we will discuss our experiences and findings. You will be uploading your presentation to Dropbox where everyone in the class will have the ability to view your work. You will be required to look at all presentations prior to our last Zoom meeting **THURSDAY, JUNE 18, 12:30pm-2:30pm**. We will be discussing our experiences, things we have learned, things we would do differently etc. Be prepared by taking notes regarding interesting things you learned through other people's presentations and be prepared to respond to questions about your own research. (This is not a critique of other people's work.)

Three Exams: A major part of your course grade will be derived from exams. Each test has 40 questions. They are multiple choice quizzes with a time limit of 60 minutes. You are allowed to look up answers but you will need to prepare and actually understand the material ahead of time. Questions are derived from class lectures, discussions, films, assigned readings, and any other instructional material posted and presented in class. Cheating and plagiarism will not be tolerated (see below). Test conduct will comply with the College policy for academic honesty.

Grading

Participation (Zoom or alternate assignments, Syllabus quiz etc.)	(15%)
Assignments (3)	(20%)
Presentation (Proposal and Final Presentation)	(30%)
Exams (3)	(35%)

Grading scale

Final grades will be calculated based on the following grading scale:

94-100%	A
90-93%	A-
87-89%	B+
83-86%	B

80-82%	B-
76-79%	C+
65-75%	C
60-64%	C-
55-59%	D+
50-54%	D
below 50%	F

Details of the Bellevue College grading policy can be found at:
http://bellevuecollege.edu/policies/3/3000_grading.asp

A Note About Course Content

Since anthropologists examine just about every aspect of the social world, we talk about provocative material. Please be advised that we will likely explore controversial topics, they will always be framed within an academic context. Please be respectful in your comments and questions but also keep an open mind. When we find ourselves in a space outside of our comfort zone, it provides a great example of our own cultural constructs and is a powerful opportunity for learning. If you have any questions or concerns about content or climate, come and speak with me in private or send me an email.

Bellevue College E-mail and access to MyBC

- You will **need** access to MYBC and your BC email. Your student network account can be used to access your student e-mail, log in to computers in labs and classrooms, connect to the BC wireless network and log in to MyBC. To create your account, go to: <https://bellevuecollege.edu/sam>
- Class materials, and important updates will be posted on MyBC.

IMPORTANT CLASS POLICIES

***Late work: DON'T HAND IN WORK LATE.** It is unfair to other students who hand in work on time. As a generally policy I do not accept late work. *I know that life can present unexpected challenges, and I am willing to take these into account to possibly accept late work. If you feel that you have an exceptionally valid reason for needing to submit work late, you may write an email requesting that I make an exception. You should always do this as soon as possible, normally BEFORE the due date. In your email you should state why your assignment is/will be late, and provide any **evidence** you can to support your claim. I will consider these requests on a case by case basis.

Classroom Learning Atmosphere: General Class Conduct and Discussions

It is important to make sure that the classroom environment (both in person and online) is as conducive to scholarship as possible, and also a safe environment for all students. You are encouraged to participate in discussions of the theories and concepts that will be presented to the class, as long as they pertain to class material. Class discussions and while enriching, can also be challenging. This is a college level class, I expect a mature level of behavior and mutual respect. You may find that your fellow students hold beliefs and opinions that conflict with your own. This is an opportunity to exercise your listening skills, perfect your critical reasoning skills, and learn to examine claims based on supporting evidence. **It is imperative that this learning environment be safe and open for all students regardless of age, sexual orientation, race, ethnicity, religion, gender, disability, or perspective.** Students who do not adhere to this code of conduct will be asked to leave the class. This behavior will be reported to the Dean of Student Services. Discussion guidelines:

- We are **NOT here to persuade others to our point of view**; rather to examine the merits of each position, based on evidence.

2. We can respect the person even if we don't share his/her opinions.
3. We will question the evidence or the claim; not the person.
4. We will remain open to corrective feedback as to our views and/or the impact of our communication style.
5. We will remain aware of the time and seek to **not dominate** the discussion.
6. No one should be understood to be 'representing' the **entire** racial/ethnic, gender, class, etc. group to which he or she belongs. You speak only for yourself.
7. Remember for online discussions, sarcasm or jokes may not be interpreted as such so please keep this in mind and choose your words carefully.

Please review BC's policy in the Student Handbook as well as the policies for this class. All infractions of policies will be reported to the Dean of Student Services, with the recommendation that the Dean take further action.

Classroom Learning Atmosphere: Cheating and Plagiarism

Cheating or plagiarism is legitimate grounds for failing the course and dismissal from class.

Tests:

Cheating behavior on tests includes, but is not limited to, looking at someone else's test, asking another student for answers, assisting another student with cheating, passing notes, writing on the desk, talking during the testing period or otherwise being disruptive, using sources for information, etc.

Written Work:

Preventing Plagiarism: Plagiarism is a form of academic dishonesty occurring when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your instructors. This may also be considered academic dishonesty.
- f. Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

For all of your written work: Submit proofread work **only**. If you need help with your writing, please make use of the following student support services at the Academic Success/Tutoring Center or Writing Lab.

Student Code

"Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the professor or classmates. The professor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services."

The Student Code, Policy 2050, in its entirety is located at: http://bellevuecollege.edu/policies/2/2050_Student_Code.asp

HOW CAN YOU SUCCEED IN THIS CLASS?

1. **ATTEND CLASS:** Attending class (keeping up online) helps you gain a better education and better grades.

- 2. TAKE NOTES:** Notes will highlight what the instructor has emphasized. Take notes that you can understand and use. Review your notes right after class and before the next class meeting to reinforce learning.
- 3. READ:** all assigned chapters in the textbook (keep up with the reading). Material that is not covered in class, but is found in the reading assignments, is fair game for testing. You are responsible for your own reading and comprehension of material.
- 4. PARTICIPATE:** Be prepared for every class by reading the assignments *ahead of time*. This preparation will help you to more fully comprehend material presented and feel more confident participating in class discussions. Appropriate participation is both speaking and listening respectfully.
- 5. STUDY FOR TESTS.** Prepare for exams by reading the text ahead of time and reviewing class notes.
- 6. APPROPRIATE BEHAVIOR:** Obtain a copy of the BC Student Handbook to familiarize yourself with policies and behaviors that are appropriate to the college environment. Lewd, abusive, disruptive, or harassing behavior will not be tolerated.
- 7. COMPREHENSION:** If you are not understanding course material, schedule a meeting with me right away. I want you to do well in this course, but I cannot help you if I don't know you need help or want help. Student success is important to me, but you must be serious and an active participant in your own learning.
- 8. ACCOMMODATION:** "If you need course adaptations or special accommodations because of a disability, or if you have medical information that needs to be shared with me in the event that the building needs to be evacuated, please contact me during the first week of the quarter. If you require accommodations due to a diagnosed disability, please contact the Disability Resource Center. Phone: 425-564-2498 (Voice) TTY: 425-564-4110." I will be glad to help you.

Disability Resource Center (DRC)

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact us as soon as possible. If you are a student with a documented autism spectrum disorder, there is a program of support available to you. If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter. The DRC office is located in B 132 or you can call our reception desk at 425.564.2498. Deaf students can reach us by video phone at 425-440-2025 or by TTY at 425-564-4110. Please visit our website for application information into our program and other helpful links at www.bellevuecollege.edu/drc

Public Safety

The Bellevue College (BC) Public Safety Department's well trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day, 7 days per week. Their phone number is 425.564.2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements and critical information in the event of an emergency. Public Safety is located in K100 and on the web at: <http://bellevuecollege.edu/publicsafety/>

The College has established a COVID information page: <https://www.bellevuecollege.edu/publicsafety/flu/>

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION 2020

- http://bellevuecollege.edu/socsci/student_policies.asp
- **Cheating, Stealing and Plagiarizing^[1]**
- Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct,

available in the office of the Dean of Student Services.

- **Incomplete**
- If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").
- **F Grade**
- Students who fail a course will receive a letter grade of "F."
- **Final Examination Schedule**
- The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.
- **Withdrawal From Class**
- College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.
- **Students Who Require Disability Accommodations:**
- Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Center (DRC) office located in D125 inside the library (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.
- Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Center, and review those needs with the instructor as well.
- **Distribution of Grades**
- Grades will not be posted in the Social Science Division or in faculty offices, and secretaries will not give out grades. Students should access their grades through the BC Web site.
- **Return of Papers and Tests**
- Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.
- *[1] If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*