

PSYC&100 – 5403 – SPRING 2020

Time to meet: online

Professor: Dr. Lonson

Mailbox: Social Sciences Division Office (D110)

Office: D200B

Best Way to Contact Professor: Canvas E-mail

Office hours: available online

You are NOT required to purchase a textbook.

Course Outcomes

After completing this class, students should be able to:

- Describe key concepts, principles, and overarching themes in psychology
- Describe psychology's content domains and areas of application to human behavior
- Use scientific reasoning to understand, apply and/or critique various research methods and theoretical perspectives used by psychologists to study and explain behavior.
- Apply critical thinking and ethical standards to evaluate assumptions, claims, and common-sense ideas about behavior.
- Apply psychological principles and findings to enhance interpersonal relationships at the individual, community, national, and global levels. Communicate effectively in written and /or oral formats in academic and professional life.

Class Values & Expectations

RESPECT FOR EACH OTHER:

Your classmates will have different racial, cultural, ethnic, social-economic, sexual and religious backgrounds. It is crucial that we respect each other's differences, experiences, and opinions. Students should accept and appreciate one another. Hateful behavior is prohibited. Any form of inflammatory, violent or offensive comments (verbal or nonverbal) are prohibited.

In psychology, we explore various phenomena across different cultures, races, social classes, genders, sexual orientations, etc. In this course, we will at times discuss and view videos about controversial topics; it is expected that we tackle these issues with an academic and respectful mindset. You are encouraged to discuss matters critically, as long as it is done in a peaceful and respectful manner. Hateful and discriminatory statements are prohibited in class, on Canvas, and in assignments.

Students are also asked to respect each other's privacy. In this course, we will often discuss sensitive issues and students are encouraged to share their experiences. Personal things that are shared within the class should stay *within the class*.

RESPECT FOR LEARNING:

You are 100% responsible for your education. You are expected to do your best to complete assignments in a timely and appropriate fashion and to actively participate in discussions. If you do not understand something please take the initiative to find out the answer – you must be proactive about seeking clarity when it is lacking. I suggest using our class chat room or messaging me through Canvas.

Students must adopt a team-building mentality in class. Our class is a team working towards a common goal of successful learning. I am an instructor, but I am also a learner. I am not Dr. Wikipedia, so I do not have all the answers - we are here to learn from each other. In order to succeed as a team, I will play my part as the instructor to deliver a fun, educational, and interactive curriculum. I expect that you will play your role as students to comply with course rules and guidelines and fulfill the course requirements. By working together, we can maximize the learning benefits of this course.

RESPECT FOR YOUR PROFESSOR:

I will do my best as your instructor to create intellectually stimulating (and hopefully fun) classes. I will also do my best to answer any questions you may have in a timely manner. You may choose to ask your question in our class chat room or by e-mailing me through Canvas.

If you choose to e-mail me, please do so *through Canvas* and write it as an e-mail. E-mails should be formatted as e-mails, not as text messages. It is in your best interest to understand this difference in your academic and professional life.

Please also address me appropriately. Do not begin your e-mail with “Hey, ...” or “Hi Celeste, ...” or “Mrs. Lonson, ...” I prefer to be addressed as “Dr. Lonson” or “Professor Lonson” or simply “Professor.”

**** Students who violate the above rules and/or demonstrate disrespectful behavior to other students or the instructor will be removed from class. A meeting with the instructor as well as the Dean of Social Sciences will be required before returning. ****

Course Work

WEEKLY DISCUSSION:

Every week you will be given a discussion assignment. Your initial post will be due by 11:59pm on Friday each week. Responses to your classmates' posts will be due by 11:59pm on Sunday each week. If you

miss either deadline, you will have 24 hrs to get your posts in with a 50% deduction. Do not e-mail me for an extension unless you have a documented emergency.

CHAPTER QUIZZES:

Each week you will have a chapter quiz. These quizzes are open book, there is no time limit, and you will have 2 attempts. Weekly quizzes are due each week by 11:59 pm on Sunday. If you miss the deadline, you will have 24 hrs to get your posts in with a 50% deduction. Do not e-mail me for an extension unless you have a documented emergency.

MIDTERMS & FINAL EXAM:

You will have two midterms and a final exam. The final exam will be cumulative. The exams require the use of LockDown Browser. Watch this video to get a basic understanding of LockDown Browser:

<https://www.respondus.com/products/lockdown-browser/student-movie.shtml>

(I will not be requiring a webcam)

Download and install LockDown Browser from this link:

<https://download.respondus.com/lockdown/download.php?id=391412077>

Once Installed

- Start LockDown Browser
- Log into to Canvas
- Navigate to the quiz

Note: You won't be able to access a quiz that requires LockDown Browser with a standard web browser. If this is tried, an error message will indicate that the test requires the use of LockDown Browser. Simply start LockDown Browser and navigate back to the exam to continue.

I will post a practice quiz a week before the exam so that you can test the browser and know what to expect for your exam.

Policies & Procedures

Accessibility:

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I

can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

Affirmation of Inclusion:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Religious Holidays:

Students who expect to miss classes, examinations or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

College Anti-Discrimination Statement:

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at <https://www.bellevuecollege.edu/policies/>

The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2266, Office R130.

Confidentiality and Mandatory Reporting:

Given the nature of psychological science, it is very important to consider the privacy of others during class discussions. When participating in class and sharing information about yourself or others, please be as discrete as possible and leave out information that can identify the person. Please be respectful to your fellow learners by not sharing private information with others or through social media.

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX

Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at <https://www.bellevuecollege.edu/titleix/>

Student Code of Conduct and Academic Integrity:

The Student Conduct Code of Bellevue College (WAC 132H-125) outlines the rights and responsibilities of students in the Bellevue College community. These rights and responsibilities include due process rights, appeal routes and behavior expectations. <https://www.bellevuecollege.edu/studentconduct/>

Public Safety & Emergencies:

Public Safety is located in the D building (D171) and can be reached at 425-564-2400 (easy to remember because it's the only office on campus open 24 hours a day—2400).

- ***Are you on campus late at night?*** Public Safety will escort you to your vehicle! You can either call when you are ready to be picked up OR you can even call ahead to let them know what time to pick you up so that you won't have to wait.
- ***Car won't start?*** Call Public Safety and they will jump-start your car!
- ***Locked your keys in your car?*** Public Safety can help with that too!

Public Safety also serves as our Parking Permits, Lost and Found, and Emergency Notification center.

**** Please ensure you are signed up to receive alerts through our campus alerting system by registering at <https://www.bellevuecollege.edu/alerts> ****

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

If a major emergency occurs, please follow these three rules:

1) Take directions from those in charge of the response - We all need to be working together.

2) Do not get in your car and leave campus (unless directed to) - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.

3) In an emergency, call 911 first, then Public Safety.

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time.

If you feel threatened or see something that may indicate trouble, please report it right away at <https://www.bellevuecollege.edu/reportconcerns/>

We all need to help keep our campus safe for everyone.

You may also visit public safety web page for answers to your questions.

<https://www.bellevuecollege.edu/publicsafety>