

Psychology 220 Abnormal Psychology

Syllabus Spring Quarter 2020

5 Credits

Prerequisite: Psyc& 100 (General)

Instructor:	Dr. Helen Taylor
Office:	D110 (but won't be open this quarter)
Phone:	(425) 564-2331 (Social Science Division Office)
Office Hours	Mondays, 8:30-9:30 on Zoom, and by appointment
E-mail:	Use messaging in this course to contact me. Click on Inbox to the left.
	(My general e-mail is: htaylor@bellevuecollege.edu)

INTRODUCTION:

Welcome to the online version of Psychology 220, Abnormal Psychology. I look forward to working with you! Psyc& 220 is an introductory course on maladaptive behavior and the etiology (causes), description, and treatment of psychological disorders. The course will cover theoretical approaches to abnormal psychology, classification and assessment of major disorders, and therapeutic responses to disorders.

Check your readiness to take an online course by reading about successful eLearning students: <https://www.bellevuecollege.edu/elearning/is-elearning-for-you/>. Even though this is your only option this quarter, you may want to wait until face to face classes open again if online learning will not work well for you.

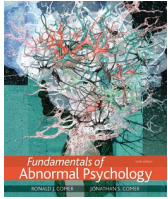
It is important that students enrolled in the course are reading at college level, are able to work with less direct instruction, and have time available to complete the reading and assignments. I will provide the structure for the class and act as a "coach" as you proceed through the course. You can leave messages for me at any time by e-mail, and I will respond to you as quickly as possible. I check in frequently, on weekends as well as weekdays.

TEXT:

Comer, R.J., and Comer, J.S. (2019) Fundamentals of Abnormal Psychology (9th Edition). New York: Worth. ISBN-10 # 1-319-12669-3 (Required).

The 9th edition of the text is fairly new, but you may also use the previous version of the same text, the 8th edition. Quizzes and exams will ask questions that can be answered

from either edition. There may be some discussion questions that refer to material only found in the new edition, but you will always have options in terms of questions.



The 9th edition of the text may be purchased from the Bellevue College Bookstore online at <http://bcc.collegestoreonline.com/>. They are providing free shipping this quarter. You can also order the loose-leaf version or e-book directly from Worth Publishers:

[https://store.macmillanlearning.com/us/product/Fundamentals-of-Abnormal-](https://store.macmillanlearning.com/us/product/Fundamentals-of-Abnormal-Psychology/p/1319126693?searchText=Comer%20and%20Comer)

[Psychology/p/1319126693?searchText=Comer%20and%20Comer](https://store.macmillanlearning.com/us/product/Fundamentals-of-Abnormal-Psychology/p/1319126693?searchText=Comer%20and%20Comer). There is a link to free access to the text for 21 days (just click on “I need to pay later”) in the Getting Started and Week 1 Modules that will allow you to read at least Chapters 1 and 2 even if you don’t yet have your text.

Power points from the text publisher and lecture notes from me are also available in each module to help reinforce the text material.

LEARNING OBJECTIVES:

After completion of this course, students will be able to:

1. Articulate the criteria and controversy regarding the definition of abnormal behavior.
2. Demonstrate knowledge of the prevalence and historical/ contemporary views of abnormal behavior.
3. Describe current practices of diagnosis, assessment, and research (including DSM) in classifying disorders and determining the need for treatment.
4. Describe the major techniques and theoretical approaches to understanding and treating abnormal behavior.
5. Identify the major diagnostic categories and distinguish among the symptoms, proposed causes, and preferred treatments of each of the following disorders:

Anxiety and Stress Disorders

Schizophrenia

Sexual Disorders

Eating Disorders

Disorders of Childhood & Adolescence

Mood Disorders

Substance Disorders

Personality Disorders

Somatic Disorders

FORMAT:

Students are required to read chapters in the assigned text, participate in a weekly discussion forum, submit assignments, and take quizzes, all on-line. The course is “asynchronous,” meaning you will not have to be online at any particular time.

COURSE COMPONENTS:

QUIZZES

There will be a quiz on one or two chapters each week. Each quiz will consist of 30 objective (multiple choice) questions. All quizzes will be administered on-line and will be open from Friday at 8 am to Sunday at 11:59 pm. Students will have 35 minutes to take each quiz once they log in. Check the calendar for exact dates. Total possible quiz points will be 270 points or close to 40% of the final grade.

WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. There will be one discussion a week, covering either one or two chapters. Students will be responding to my questions and responding to other students, just as they would in a "live" discussion. There will be 9 discussion sessions, running from Monday to Saturday every week, plus a closing discussion at the end of the quarter. Students will be assigned to a subset of questions but will have a choice of questions to respond to, and will also need to respond to at least one other student's post. Specifically, you are expected to participate with at least two posts a week, at least once in response to my questions by Friday night and at least once in response to another student's comments by Saturday night.

See the "Course Structure and Expectations" for more details on how the discussion will work. Each discussion will be worth up to 20 points. There will be an additional 20 points for participating in the **closing discussion**. Altogether, discussion points will be worth a total of 200 points or close to 30% of the grade.

PERSONAL INTRODUCTION

In the Getting Started Week, you will be asked to submit a Personal Introduction in a discussion area, worth 20 points.

MENTAL HEALTH IN THE TIME OF COVID DISCUSSION

Throughout the quarter, there will be an open discussion area to address issues arising from the Covid-19 crisis. This discussion will invite posts on reactions to the crisis, relevant articles, humor that helps, and coping tips. Participation in the discussion at least three times over the course of the quarter will earn 10 points.

ASSIGNMENTS

You will have a choice of doing two out of three possible written assignments this quarter, due as scheduled on the calendar. The assignments will be submitted as word

document attachments in the assignment tool. A description of the assignments will be posted early in the quarter. In brief, the assignments will be:

Assignment 1: Case Study Analysis
Assignment 1: Journal Summary
Assignment 2: Field Research

All assignments will be described in detail in the assignments themselves and in the weekly Modules. For the Field Research, an approved **proposal** must be submitted. A grade will be assigned based on criteria for each assignment, worth a possible 50 points each. It is expected that assignments will be proofread for mechanical errors and will be submitted on time. Assignments will be accepted one day late only with a five-point deduction, and will be worth 100 points total or 14% of the grade.

FINAL EXAM

There will be an on-line comprehensive final exam. The final will have 100 objective questions and cover major concepts from the quarter. See the course calendar for the date and time. The final will be worth roughly 14% of the final grade.

GRADING

Points will be accrued as follows:

Personal Introduction		20
Quizzes	9 @ 30 points ea.	270
Discussions	9 @ 20 points ea. + closing discussion @ 20 points	200
Assignments	2 @ 50 points (chosen out of 3)	100
Covid Discussion		10
Final Exam		100
Total =		700

Grades will be determined by adding up scores for all of the assignments and using the percentages below:

A	94-100%	658-700	C+	77-79%	539-559
A-	90-93%	630-657	C	74-76%	518-538
B+	87-89%	609-629	C-	70-73%	490-517
B	84-86%	588-608	D+	67-69%	469-489
B-	80-83%	560-587	D	60-66%	420-468

There will be a small number of extra credit points given at the end of the quarter for completing the online course evaluation.

Note: There will be no “bumping up” at the end of the quarter; your grade will be determined by where your points/ percentages fall within the ranges noted above.

MODULE ORGANIZATION

First few days	Getting Started Week
Week 1	Ch. 1 Abnormal Psychology, Past and Present
Week 2	Ch. 2 Models of Abnormality
Week 3	Ch. 3 Clinical Diagnosis, Assessment, and Treatment
	Ch. 16 Law, Society, and the Mental Health Profession
Week 4	Ch. 4 Anxiety, Obsessive-Compulsive, and Related Disorders
	Ch. 5 Disorders of Trauma and Stress
Week 5	Ch. 6 Depressive and Bipolar Disorders
	Ch. 7 Suicide
Week 6	Ch. 8 Disorders Featuring Somatic Symptoms
	Ch. 10 Substance Use and Addictive Disorders
	Ch. 11 Sexual Disorders and Gender Variations
Week 7	Ch. 12 Schizophrenia and Related Disorders
Week 8	Ch. 9 Eating Disorders
	Ch. 14 Disorders Common Among Children and Adolescents
Week 9	Ch. 13 Personality Disorders
Week 10	Last Week

Schedule: Specific dates will be posted in the calendar.

My availability

Since we can't meet on campus, I am going to hold a virtual **office hour** every **Monday from 8:30-9:30 am** on Zoom. I will send a link to the whole class through the Inbox and you can join the “meeting” any time during that hour. If several of you show up at the same time and you would like a private meeting, we will work that out. If that time doesn't work for you, message me through the Inbox and we will find a time that does. Bear with me—this will be a first for me and possibly for you!

Otherwise, if you would like to email (message) me, I will be checking the site several times a day, including weekends. I will let you know if I am off-line for an extended period of time, but otherwise I make an effort to respond to emails within a few hours if possible.

Accommodations

If you need course modifications / adaptations or accommodations because of a disability, please let me know as soon as possible. If you have not done so already, you

can contact the Disability Resource Center (DRC) by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>.

Affirmation of Inclusion:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

For Technical Help:

Link to Canvas student guides: <http://guides.instructure.com/m/4212>

Link to Student Technical Help: <http://depts.bellevuecollege.edu/helpdesk/students/>

For behavioral and grading guidelines of the Social Science

Division: <http://www.bellevuecollege.edu/socsci/procedures-guidelines/>

Counseling Resources

Sometimes the material in this course can bring up troubling issues. If you would like to talk to someone, our counselors are available to you online at no cost: <https://www.bellevuecollege.edu/counseling/>.

Tutoring

Our Student Success Center provides free online tutoring for psychology students: <https://www.bellevuecollege.edu/asc/>

I'm always available for questions and I look forward to working with you in this most fascinating class!

Helen or Dr. Taylor or Dr. Helen, whichever you prefer

