

# Health & Wellness, BAS

## Prerequisite Completion Worksheet

### Instructions for completing the Prerequisite Completion Worksheet:

- List the number of credit hours for each course in quarter credits. To convert semester credits to quarter credits, multiply the semester credits by 1.5 (e.g. 3 sem credits equals 4.5 qtr credits).
- Leave the "Grade(s)" column blank for in-progress and planned coursework.
- Enter grades exactly as they are listed on your transcript. Do not convert numerical grades to letter grades. For the Health & Wellness program all grades need to be higher than a C.

Prerequisite	College/University	Course Numbers	Total Credits	Grade
<b>ENGL 101</b>				
<b>40 credits</b> of Health Science, Wellness, or Business-related coursework				

Co-Requisites (can be completed while in the program)	College/University	Course Numbers	Total Credits	Grade
<b>Technical/Research Writing</b> – 5 credits (ENG 201/235)				
<b>Statistics</b> – 5 credits (MATH 130/BA 240)				
<b>*Life Science</b>				
<b>Lab Science</b>				
<b>Social Science</b> – 5 credits				
<b>Humanities</b> – 5 credits				
<b>College Level Electives</b> – 15 credits				
<b>Diversity Requirement</b> – 5 credits: Can be any prerequisite/co-requisite class that meets BC Diversity Degree Requirements (e.g. SOC 101 fulfills this requirements AND the Social Science requirement).				

## Prerequisite Classes for Health & Wellness, BAS

All classes with the following prefixes can be applied to the Health & Wellness, BAS as they are related to **Business**:

<ul style="list-style-type: none"> <li>• ACCT, ACCT&amp; (Accounting, Accounting Transfer)</li> <li>• BA (Business Admin Transfer)</li> <li>• BUSIT (Business Intelligence)</li> <li>• BUS, BUS&amp; (Business Management)</li> </ul>	<ul style="list-style-type: none"> <li>• BTS (Business Tech Systems)</li> <li>• ECON (Economics)</li> <li>• ISIT (Information Systems/Information Technology)</li> <li>• IT (Information Technology)</li> <li>• MKTG (Marketing)</li> </ul>
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All classes with the following prefixes can be applied to the Health & Wellness, BAS as they are related to **Health Sciences**:

<ul style="list-style-type: none"> <li>• AHE (Allied Health Education)</li> <li>• AHEA (Allied Health Education Admin)</li> <li>• AHEL (Allied Health Education Lab)</li> <li>• AHEM (Allied Health Education Medicine)</li> <li>• AHEP (Allied Health Education Pharmacology)</li> <li>• BIOL (Biology)</li> <li>• CHEM (Chemistry)</li> <li>• DOSM (Medical Dosimetry)</li> <li>• DUTEC (Diagnostic Ultrasound)</li> <li>• HCI (Healthcare Informatics)</li> </ul>	<ul style="list-style-type: none"> <li>• HCML (Healthcare Management &amp; Leadership)</li> <li>• NAC (Nursing Assistant)</li> <li>• NDT (Neurodiagnostic Technology)</li> <li>• NMTEC (Nuclear Medicine Technology)</li> <li>• NURS (Nursing)</li> <li>• MBS (Molecular Biosciences)</li> <li>• RAIT (Radiation and Imaging Technology)</li> <li>• RADON (Radiation Therapy)</li> <li>• RATEC (Radiologic Technology)</li> </ul>
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All classes with the following prefixes can be applied to the Health & Wellness, BAS as they are related to **wellness**:

<ul style="list-style-type: none"> <li>• ALDAC (Alcohol &amp; Drug Counseling)</li> <li>• DANCE (Dance)</li> <li>• ENVS, ENVS &amp; (Environmental Science)</li> <li>• HLTH (Health)</li> </ul>	<ul style="list-style-type: none"> <li>• NUTR (Nutrition)</li> <li>• PE (Physical Education)</li> <li>• RECED (Recreation Education)</li> </ul>
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The following classes can also be applied to the Health & Wellness, BAS because they are **health, wellness, or business related**:

- ANTH 205: Biological Anthropology
- ANTH 215: Bioanthropology with Lab
- ANTH 235: Cross-Cultural Medicine

- CES 241: Multicultural Business Consulting
- CMST 252: Communication in a Diverse Healthcare Workplace
- CMST 340: Advanced Communication in Business and Technology
- GEOG 123: Intro to Globalization
- HD 101: Healthy Self-Esteem
- HD 110: Stress Management
- HD 125: Motivation and Empowerment
- POLS 250: Environmental Politics
- SOC& 201: Social Problems
- SOC 222: Sports in Society
- SOC 240: Identity, Self and Social Interaction
- SOC 244: Medical Sociology
- SOC 248: Public Health Around the Globe
- SOC 249 Disability in Society
- SOC 253: Men & Masculinities
- SOC 254: Gender in the Social World
- SOC 255: Dating, Relationships, and Families
- SOC 256: Sex and Sexualities
- SOC 258: Sociology of the Body
- SOC 264 Intersections of Inequality and Identity
- SOC 268: You Are What You Eat: Food in Society
- PHIL 122: Environmental Ethics
- PHIL 260: Business Ethics
- PHIL 263: Ethics and Policy in Healthcare,
- PHIL 265: Biomedical Ethics
- PHIL 360: Business Ethics Theory
- PHIL 375: Ethical Issues in Information Technology
- PSYC 109: Positive Psychology
- PSYC 200: Lifespan Psychology
- PSYC 202: Introduction to Physiological Psychology
- PSYC 260: Psychosocial Issues in Healthcare

## Health & Wellness Certificates to consider meeting prerequisites

<ul style="list-style-type: none"> <li>• <a href="#">Medical Admin Assistant</a></li> <li>• <a href="#">Medical Assistant Certificate</a></li> <li>• <a href="#">Medical Billing &amp; Coding</a></li> <li>• <a href="#">Nursing Assistant Certified</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Phlebotomy Technician</a></li> <li>• <a href="#">Personal Fitness Trainer</a></li> <li>• <a href="#">Wilderness Skills Certificate</a></li> <li>• <a href="#">Yoga Instructor Certificate</a></li> </ul>
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## Business Certificates to consider meeting prerequisites

<ul style="list-style-type: none"> <li>• <a href="#">Administrative Assistant</a></li> <li>• <a href="#">Advanced Business Tech Specialist</a></li> <li>• <a href="#">Business Intelligence Analyst</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Human Resources Assistant</a></li> <li>• <a href="#">Office Assistant Certificate</a></li> <li>• <a href="#">Project Management</a></li> </ul>
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## **\*What is considered a life science course?**

The following classes at Bellevue College are considered Life Science classes:

ANTH& 215, BIOL 108, BIOL 125, BIOL 135, BIOL 145, BIOL 150, BIOL 159, BIOL 162, BIOL 275, BIOL 276, BIOL 312, BIOL& 100, BIOL& 160, BIOL& 211, BIOL& 212, BIOL& 213, BIOL& 241, BIOL& 242, BIOL& 260, BOTAN 110, BOTAN 113, BOTAN 120, CHEM 272, CHEM 275, CHEM& 110, CHEM& 121, CHEM& 131, CHEM& 140, CHEM& 161, CHEM& 162, CHEM& 163, CHEM& 261, CHEM& 262, CHEM& 263, ENVS 105, ENVS 110, ENVS 150, ENVS 207, ENVS 281, ENVS 282, ENVS 283, ENVS& 100, NUTR 100, NUTR& 101, OCEA 110, OCEA& 101

**Still have questions? Email [Wellness@bellevuecollege.edu](mailto:Wellness@bellevuecollege.edu)**