

TECHNICAL & ACADEMIC STANDARDS FOR THE RADIATION THERAPY PROFESSION

Description of the Profession:

Radiation Therapists deliver care to the patient in the therapeutic setting and are responsible for the simulation and administration of a prescribed course of radiation therapy. Radiation therapists assume direct responsibility for the well-being of the patient preparatory to, during and following the delivery of daily treatment.

Technical Standards:

The radiation therapist/individuals admitted to radiation therapy program to become a radiation therapist must have sufficient emotional and physical strength, motor coordination and quantitative abilities required to perform the following activities:

- 1. Work in a clinical setting eight to ten hours a day, frequently performing physical tasks, requiring physical energy without jeopardizing patient, self, or colleague safety.
 - Able to walk, stand, bend or squat for majority of shift.
 - Utilize proper body mechanics.
 - o Assess patient's ambulatory status and be able to assist as necessary.
 - Able to focus and concentrate for long periods of time, in a busy environment
- 2. Frequent reaching, lifting, and the use of manual dexterity in the manipulation and operation of equipment as well as for the creation of immobilization devices.
 - Able to reach 6 feet above the floor. Example: Lift treatment accessories and beam shaping devices weighing thirty (30) pounds of weight up and over one's head. May use step stool if needed.
 - Manually position patients that are lying on a treatment couch that may be 4-5 feet above the floor. May use step stool if needed.
 - Use proper technique during patient transfer. Able to lift, pull, and push up to fifty (50) pounds.
 - Make fine adjustments to equipment using a hand pendant with thumbwheel controls.
- 3. Frequently transporting, moving, lifting and transferring patients from a wheelchair or stretcher to and from a treatment/simulation table.
 - Push standard wheelchair from waiting area to treatment room.
 - o Assist patients with mobility difficulties on and off the treatment couch.
 - Moving immobile patients from stretcher to treatment table with assistance from departmental personnel.
- 4. Ability to communicate information and instructions in clear and concise manner to patients and medical personnel.
 - Read and apply appropriate instructions located in treatment charts, computer monitors, notes and medical records.
 - o Understand and apply clinical instructions given by departmental personnel.
 - Write clear and legible instructions and/or enter the clear instructions and daily treatment data in the patient's electronic radiation therapy chart.
 - Possess ability to work collaboratively with all members of the healthcare team.

- 5. Possess sufficient visual and aural acuity.
 - Report visual observations of patients and equipment operation as well as to read the patient's radiation records and medical information.
 - Vision must be adequate to align laser lights and crosshairs on patients in a dimmed light environment.
 - Ability to view computer screens for extended periods.
 - Visually monitor patients in dimmed light and via video monitors during treatment.
 - Audio monitoring of patients during treatment and perceiving and interpreting subtle equipment signals.
- 6. To have sufficient problem-solving skills to include measuring, calculating, reasoning, analyzing, evaluating and synthesizing with the ability to perform these skills in a timely fashion.
- 7. Utilize keyboard for inputting clinical data into treatment console and computers.
 - Ability to perform basic computer functions.
 - Ability to perform multiple computer functions
- 8. Display judgement in the assessment of patients
 - o Demonstrate ability to verify patient's identity in accordance with institutional protocol.
 - \circ $\;$ Demonstrate ability to recognize limitations in their knowledge, skills, and abilities.
 - Seek appropriate assistance with identified limitations.
- 9. Accept criticism and adopt modification in self-behavior.
- 10. Possess the perseverance, diligence, and consistency.
 - To complete the program curriculum.
 - o To enter into practice as a certified, registered, and licensed radiation therapist.
- 11. Demonstrate consistent ability to recognize and be sensitive to patient's emotional state and respond appropriately.
 - Provide physical and emotional support to patients during procedures.
 - Respond to situations requiring first aid and provide emergency service to patients in the absence of, or until the physician arrives in accordance with institutional protocol.
- 12. Relate and respond reasonably to patients.
 - Establish a sensitive, professional, and effective relationship with the patients.
 - o Communicate verbally in an effective manner to direct patients during procedures.
 - o Respond with precise, quick, and appropriate action in stressful and emergency situations.

ACADEMIC STANDARDS FOR THE RADIATION THERAPY PROGRAM

The Radiation Therapy Program is a fulltime program and the normal hours of operation are Mondays through Fridays from 8:00 AM - 4:30 PM.

The class times are normally between 8:30 AM and 3:00 PM. Clinical Internships are 8:00 AM - 4:30 PM.

- 1. The ability to read and comprehend textbooks and other materials that are written at the college/professional level is necessary for success in the program. In addition, many instructors require weekly written assignments and/or term papers/research papers. The expectation is that you are proficient in writing at the college level and can do basic research.
- 2. The didactic (classroom) work is intensive and normally requires a minimum of 15-20 hours of work per week outside of the classroom hours. Due to the importance of the work of a radiation therapist the passing grade for each course is a "C". Any grade less than a "C" is considered a failing grade for most health science programs.
- 3. Lecture format is used for much of the instruction/learning of the academic content. This is due to the nature of the course content and the amount of required course content. Most courses meet for two-three hour blocks of time and thus the ability to focus in the academic setting is a necessity.