

# TALKING TO TEENS ABOUT THE NOVEL CORONA VIRUS & ANSWERING THEIR QUESTIONS



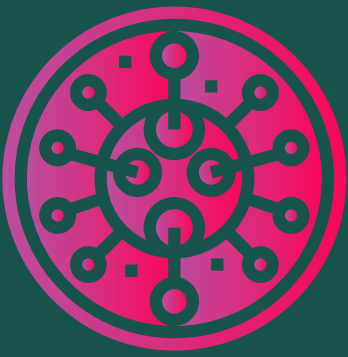
## WHAT CAUSED THIS NEW CORONAVIRUS?

- It is believed that COVID-19 started at a live animal market in China and was passed from animals to humans

## WHY NOW?

- There has been other widespread coronaviruses in the past that spread from animals to humans, it is known as severe acute respiratory syndrome (SARS) which had an outbreak in 2002
- Scientists, government officials, and doctors are working hard to contain this virus
- We have access to a lot of information and can see how many people and countries this virus is affecting

## CAN YOU DIE FROM COVID-19?



- It is unlikely, most people (95-99%) recover from it
- It has been observed that healthy teens typically get mild or minimal symptoms

## ADDITIONAL SUPPORTIVE TIPS FOR TEENS

- Show a calm demeanor since teens will turn to parents to gauge how worried they should be
- Ensure them that everyone is doing their part to combat the virus
- Show them that you can practice healthy behaviors and still do what is important to you
- Engage them in their own research on COVID-19 and infectious disease topics
- Demonstrate transparency about adjusted plans and explain the decisions with rationale that they understand