

For All Neurodivergent Students at Bellevue College

Whether you are waiting for next Summer to be part of the full services of the Neurodiversity Navigators Program, or you just need a few things, check out the support provided for all neurodivergent students at Bellevue College below. Let us know what you need! You can find us in B131, below the Planetarium, next to Public Safety, and of course, online.

- Use the dedicated **Study Hall**. Many times, peer mentors will be supervising the study hall and can support you in organization, understanding instructors' expectations, and accessing other campus supports. You can also pick up a **weekly** agenda and / or check list (also available online here) to help you stay on track. <u>Find more information about study halls.</u>
- 2. Invite your parents to attend quarterly parent meetings, where we support parents in developing an adult relationship with you. Many students consider this to be the most important part of our program! We never talk about students at these meetings only parents! The meeting dates are on our quarterly calendar, <u>found</u> here once the quarter begins.
- 3. <u>Weekly handouts, agendas, and checklists</u> can be found online and at the Neurodiversity Center (B131).
- 4. Come to us for advocacy or information. Part of our mission is to educate the campus and community about autism and neurodiversity. If you are running into barriers, we want to support you, and work towards positive change. Email: text, or chat to reach us.
- 5. Check our <u>website</u> and <u>Facebook page</u> for upcoming events. We typically have at least one event each year that you may find interesting (and maybe even fun!)

Office location: B131& Online Virtual Office hours: M-F 8 AM – 5 PM Main line: 425-564-2764 Email: asn@bellevuecollege.edu

Check website for on-campus hours

Neurodiversity Navigators 2021-2022