

# Neurodiversity Navigators

"Having access to extra student services was the initial draw to the NdN Program. The reason I stayed after the first quarter is different. Communicating with instructors and other people became much more accessible and easy to initiate. The NdN classes offer a familiar place to be comfortable in. Work is easier to get done on time, anxiety is noticeably reduced. With the program, you have people to talk to, a support team behind you. School is no longer sink or swim." —Former NdN student, 2019

Neurodiversity Navigators provides educational, advocacy, and access services to neurodivergent students at Bellevue College pursuing their choice of degrees and / or /certificates. We celebrate the unique identity of each student, and respect their right to make individual choices regarding their educational path. We are part of the Center for Career Connections and Connected Learning.

Based on the social justice model and the neurodiversity movement, Neurodiversity Navigators provides neurodivergent students with educational opportunities for strengths-based self-knowledge in the four program areas of focus: **Self-Advocacy, Self-Regulation, Social Interaction, and Executive Functioning**; increasing personal ability to access academics, campus services, and community and career options. We work with the campus and the greater community to improve accessibility to areas of college life and beyond, including academics, working with others, socializing, and being a part of the community.

Academics: A (usually transferable) credit class taken with cohort each quarter, for seven quarters.

#### First Year

Skills for Navigating College & Career Executive Functioning in the Workplace Self & Community Advocacy

#### Second Year

Occupational Wellness
Who Am I, Where Am I Going?
Connecting with Community

#### Third Year

Interpersonal Communication (Optional) Internship Prep (Optional) Internship as Mentor

## **Advocacy and Access Services:**

- FYS 101 with Neurodiversity Cohort in Summer quarter
- Regular Meetings with trained peer mentor
- Supported communication with faculty & advisors; supported access to services & programs

### Program Entry is Summer ONLY. Deadline for admission is June 9.

Attend an <u>Information Meeting</u> held on the 2nd Monday evening of each month at 4:30 p.m. Meetings held online from January through May 2023.

Contact: asn@bellevuecollege.edu, 425.564.2764 Web: www.bellevuecollege.edu/autismspectrumnavigators/

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The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2266, Office R130.