**Advising Checklist**

Use this to prepare for a meeting with an Academic Advisor.

If you are part of the Neurodiversity Navigators program, [bring this list of classes also](https://www.bellevuecollege.edu/wp-content/uploads/sites/68/2023/03/NdN-Courses-2023-2024.pdf) (PDF).

# **Questions**

1. My degree goal is:
2. My academic strengths are:

1. My academic difficulties are:

1. I need to schedule classes that (check all that apply):

[ ]  Allow for extra time to get from class to class

[ ]  Allow at least 1-hour in-between classes to go over material, or use for extended test time

[ ]  Meet daily (consider focus and attention, length of class sessions)

[ ]  Meet less often for trip reduction (look at length of class sessions)

[ ]  Most of grade depends on exams only

[ ]  Most of the grade depends on essays, reflections, or papers

[ ]  Most of grade depends on projects or group projects

[ ]  Begin at 11 AM or later because of sleep or transportation concerns

[ ]  End by 3 PM for the same reasons

[ ]  Have a balanced course load that does not rely too heavily on one academic strength, such as reading or writing

[ ]  Reflect a lighter course load. *If full time is desired, consider 12 credits instead of 15.*

(Disabled students can receive an accommodation for reduced course load of 6 credits.)

[ ]  Do not occur during summer quarter due to the compact and intense nature of the shortened quarter with limited tutoring options (6 weeks instead of 11)

[ ]  Other: