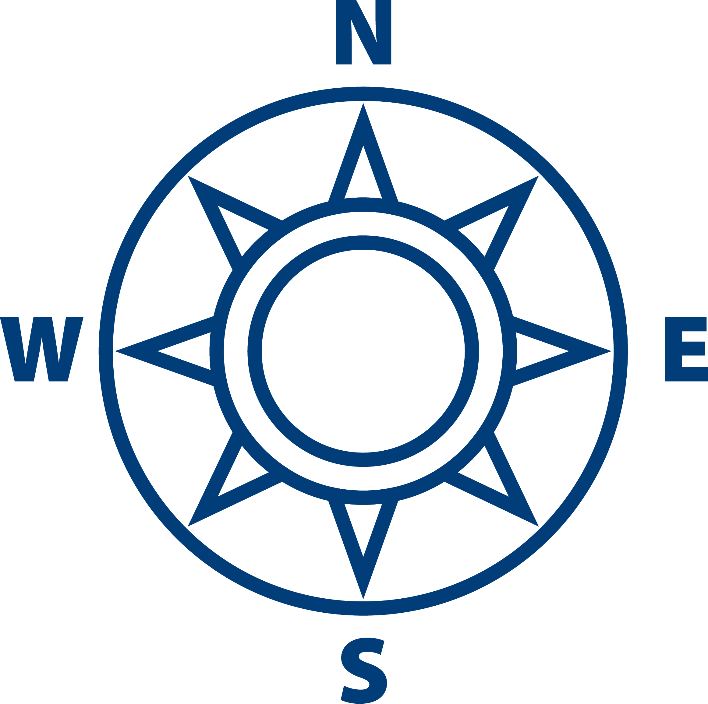
**Advising Checklist**

Use this to prepare for a meeting with an Academic Advisor.

If you are part of the Neurodiversity Navigators program, [bring this list of classes also](https://www.bellevuecollege.edu/wp-content/uploads/sites/68/2023/03/NdN-Courses-2023-2024.pdf) (PDF).

# **Questions**

1. My degree goal is:
2. My academic strengths are:

1. My academic difficulties are:

1. I need to schedule classes that (check all that apply):

Allow for extra time to get from class to class

Allow at least 1-hour in-between classes to go over material, or use for extended test time

Meet daily (consider focus and attention, length of class sessions)

Meet less often for trip reduction (look at length of class sessions)

Most of grade depends on exams only

Most of the grade depends on essays, reflections, or papers

Most of grade depends on projects or group projects

Begin at 11 AM or later because of sleep or transportation concerns

End by 3 PM for the same reasons

Have a balanced course load that does not rely too heavily on one academic strength, such as reading or writing

Reflect a lighter course load. *If full time is desired, consider 12 credits instead of 15.*

(Disabled students can receive an accommodation for reduced course load of 6 credits.)

Do not occur during summer quarter due to the compact and intense nature of the shortened quarter with limited tutoring options (6 weeks instead of 11)

Other: