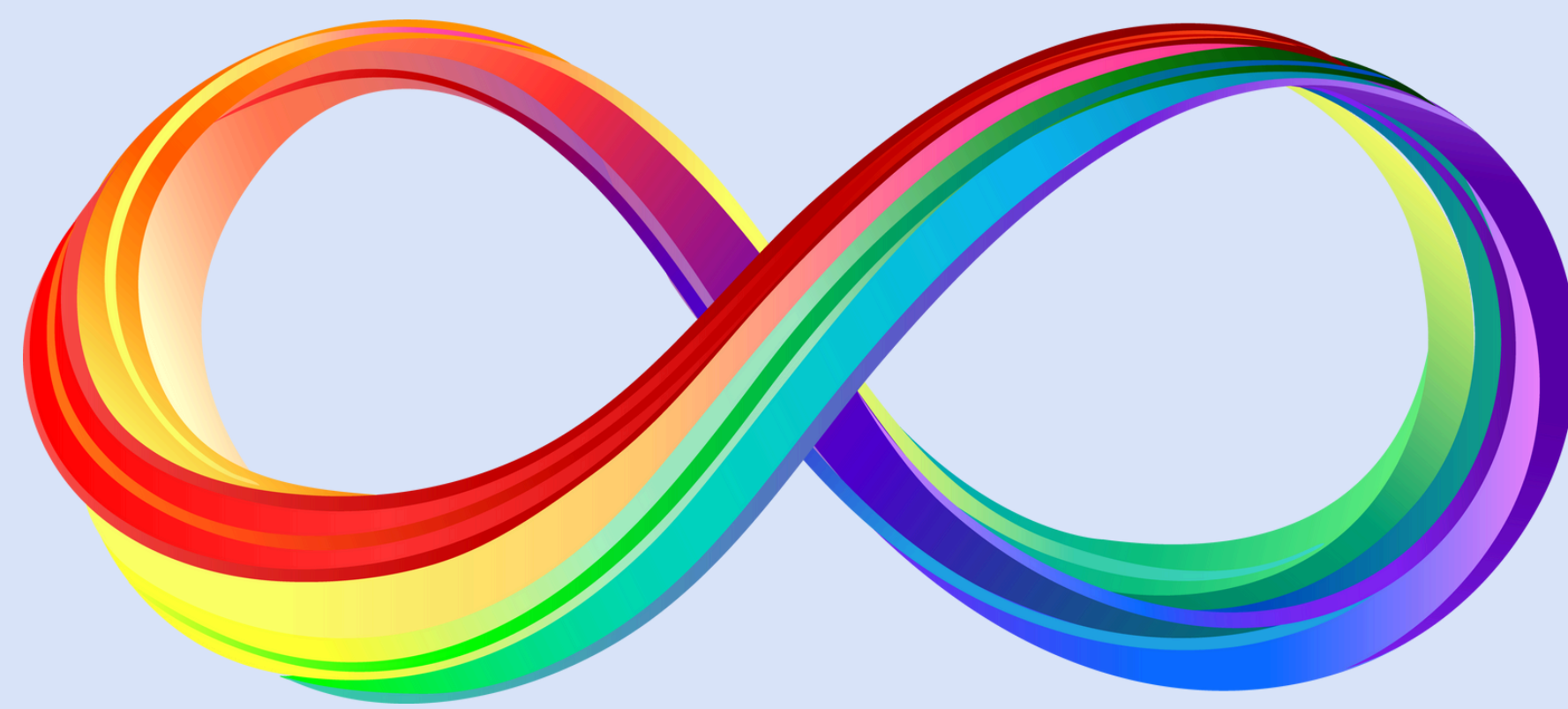


Talking about Autism

There's a lot of news swirling around about autism in the media these days and it may be hard to know what to focus on or what to believe or do. Read below for some things to consider when sorting things out and keeping a level head.

Trusted People

Talk to people you trust to help you sort out information you're hearing. Ask them questions and tell them your concerns. Let them know how they can support you!



Trusted Orgs

Look to trusted organizations such as the Autistic Self Advocacy Network, the Autism Society, or the Autistic Women and Nonbinary Network for advice and up to date information.

Research

Do your research! Use your favorite search engine, or use Google Scholar to help you find research-based information that you can depend on. Learn about what to look for in research so you'll know it's accurate!

