

STUDENT NAME		SID #	
PROGRAM CHAIR		DATE	

PROGRAM REQUIREMENTS			Requested Substitution/Transfer Credits (if applicable)			Completed		
Course	Course Title	CR	College/University	Course	CR	Grade	Quarter	Year
PREREQUISITE REQUIREMENTS								
	Associate degree in a business-related, or allied health, wellness or personal fitness training, or equivalent credits	50						
	Life Science: NUTR& 101 or BIOL& 160 or courses from AAS-DTA list (must include at least one lab course)	10-12						
	Communication Skills: ENGL& 101 or ENGL& 235 or ENGL 201	10						
	Social Science: SOC 248, or PSYC 109, or PSYC 250, and a course from Cultural Diversity list	10						
	Quantitative Skills: College Level Math MATH 130 or equivalent	5						
	Business Management: BUS 120 or equivalent	5						
CORE COURSES – ALL STUDENTS								
CMST 330	Intercultural Health Communication	5						
ECON 315	Economics of Healthcare	5						
HCML 325	Organizational Theory & Behavior in Healthcare	5						
HPM 325	Foundations of Health Promotion	5						
HPM 330	Leadership in Outdoor Pursuits	4						
HPM 340	Lifestyle Wellness Coaching	5						
HPM 360	Epidemiology and Healthcare Statistics	5						
HPM 375	Research Design Methods	4						
HPM 385	Consumer Health Informatics and Website Design	5						
HPM 405	Health Behavior - Understanding and Effective Change	3						
HPM 415	Community Health	2						
HPM 430	Lifestyle Chronic Disease and Environment	6						
HPM 440	Safety and Workplace Ergonomics for Wellness	4						
HPM 450	Worksite Wellness Management for NWI Certification	4						
HPM 460	Community Health Service - Learning	2						
PHIL 365	Biomedical Ethics	5						
CORE TOTAL		83						
PATHWAY FOR STUDENTS WITH HEALTHCARE BACKGROUND								
BA 102	Business Processes, Analysis and Writing I (2 Cr)							
HCML 320	Finance and Accounting for Healthcare (5 Cr)							
PATHWAY FOR STUDENTS WITH BUSINESS BACKGROUND								
HLTH 145	Wellness for Health Professionals (3 Cr)							
PE 236	Anatomical Kinesiology (4 Cr)							
PATHWAY TOTAL		7						
CORE PROGRAM REQUIREMENTS TOTAL		90						
GRAND TOTAL		180						

The bachelor of applied science in Health Promotion and Management (HPM) is designed as a cohort career-oriented program. HPM graduates will be ready to develop effective wellness programs within organizations to reduce healthcare costs, increase productivity, lower absenteeism, enhance employee safety and improve employee well-being.

The degree program is designed for individuals with business or healthcare preparation and experience. The first 90 credits of the degree are fulfilled by entrance prerequisites. The second half of the degree program offers a professionally relevant curriculum that helps students achieve their goals.

LEARNING OUTCOMES

Degree recipients should possess the skills and abilities described below:

- Apply knowledge of chronic disease, health promotion, nutrition, exercise science, environmental health, stress management and wellness in the development of effective health promotion programming
- Assess organizational culture, and develop, implement, market and evaluate a research-based health promotion program
- Demonstrate proficiency in health education sufficient to earn national certification in Wellness Coaching
- Collaborate effectively in multi-disciplinary work teams in support of organizational goals
- Identify health inhibiting behaviors and promote evidence-based strategies of altering such behaviors
- Conduct health research, including applying research processes and developing research instruments

DEGREE REQUIREMENTS

A complete description of the required curriculum is shown in the worksheet. In addition to eligibility requirements, students must also achieve the following:

- Completion of 95 quarter credits in the general program and concentration requirements, with a grade of “C”, or better
- A minimum cumulative GPA of 2.0 for all coursework taken at BC and the courses applied to the degree, including credits transferred from other colleges
- At least 45 quarter credits for the degree must be completed in residence at BC, of which 30 credits must be upper division

PROGRAM ELIGIBILITY

Individuals must have:

An associate’s degree in business-related, or allied health, wellness, or personal fitness training, or equivalent credits, to be eligible for the BAS degree. Successful planning for this degree is best done with an advisor or the program director.

- In addition, applicants must have completed the following courses or their equivalents with a grade of 2.0 or higher from a regionally accredited college:
 - English Composition I, Technical or Research Writing
 - College-Level Math: Statistics
 - Life Science: two courses (must include at least one lab course)
 - College-Level Business Management course
 - Social Science courses

APPLICATION PROCESS

To be considered for the bachelor of applied science in Health Promotion and Management, prospective students must submit the following:

- Completed general Bellevue College admission form
- Non-refundable general admission fee of \$34
- Completed bachelor of applied science application form
- Nonrefundable application fee of \$90
- Official transcripts from regionally accredited college(s), demonstrating completion of an appropriate associate’s degree or equivalent credits, and the prerequisite courses, with a GPA of 2.0 or higher

TUITION

The Bachelor of Applied Science in Health Promotion and Management is a self-support program and therefore does not necessarily follow the upper division tuition schedule published in the college catalog and quarterly schedule. Tuition includes applicable college and course fees, plus current per credit rates published online at www.bellevuecollege.edu/enrollment/tuition/. These courses are not eligible for tuition waivers.

FOR MOST UP-TO-DATE INFORMATION, GO TO:

www.bellevuecollege.edu/programs/degrees/bachelor/hpm

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