

STUDENT NAME		SID #	
PROGRAM CHAIR		DATE	

PROGRAM REQUIREMENTS			Requested Substitution/Transfer Credits (if applicable)			Completed		
Course	Course Title	CR	College/University	Course	CR	Grade	Quarter	Year
CORE COURSEWORK								
ALDAC 100	Professional Development in Addiction Counseling	1						
ALDAC 102	Chemical Dependency Pharmacology of Alcohol & Other Drugs	3						
ALDAC 105	Chemical Dependency Client & Family Education	3						
ALDAC 106	Chemical Dependency Individual Counseling	3						
ALDAC 108	Chemical Dependency Case Management	3						
ALDAC 125	Chemical Dependency Assessment & Diagnosis	2						
ALDAC 150	Chemical Dependency Relapse Prevention	3						
ALDAC 160	Chemical Dependency Culturally Competent Counseling	2						
ALDAC 204	Chemical Dependency Adolescent Assessment & Treatment	2						
ALDAC 206	Chemical Dependency Group Counseling	3						
ALDAC 207	Chemical Dependency HIV AIDS Brief Risk Intervention	1						
ALDAC 220	Chemical Dependency Clinical Practicum	3						
ALDAC 225	Chemical Dependency Ethics & Laws	3						
ALDAC 230	Chemical Dependency Family & Couples Counseling	3						
ALDAC 235	Chemical Dependency Human Development	4						
ALDAC 240	Chemical Dependency Psychopathology	4						
HSSA& 101	Introduction to Addictive Drugs	3						
	<i>Choose any one or more from the following:</i>	4						
ALDAC 194/5/6/7	Special Topics in ALDAC (1-6 Cr)							
ALDAC 198	Seminar in ALDAC (1-3 Cr)							
ALDAC 199	Individual Studies in ALDAC (1-6 Cr)							
ALDAC 294/5/6/7	Special Topics in ALDAC (1-6 Cr)							
ALDAC 298	Seminar in ALDAC (1-3 Cr)							
ALDAC 299	Individual Studies in ALDAC (1-6 Cr)							
TOTAL		50						

The certificate in Alcohol & Drug Counseling provides the knowledge, skills and training required for counseling in the field of chemical dependency treatment. The program is designed for students completing state-defined requirements for licensure or certification as a chemical dependency professional (CDP), probation assessment officer (PAO), alcohol/drug information (ADIS) instructor and substance abuse prevention specialist (SAPS).

LEARNING OUTCOMES

Certificate recipients should possess the skills & abilities described below:

- Distinguish the four basic theoretical perspectives on the cause of chemical dependency and the specific theoretical understanding of chemical dependency outlined in the Revised Code of Washington
- Implement the core elements of assessment and diagnosis of chemical dependency
- Create and implement individualized treatment plans designed to assist alcoholic and drug addicted individuals to achieve and maintain abstinence from mood-altering substances
- Engage in the case management of alcoholic and drug addicted individuals referred to chemical dependency treatment by employers, families and the legal system

- Demonstrate understanding of various theoretical principles of one to one, group, relapse prevention and continuing care counseling
- Competently use the skills needed to effectively counsel alcoholic and drug addicted individuals in one to one, group, relapse prevention and continuing care counseling sessions
- Competently maintain the medical records of alcoholic and drug addicted individuals
- Demonstrate understanding of Federal and State laws related to the field of chemical dependency counseling including but not limited to confidentiality, mandatory reporting and the Uniform Disciplinary Act

FOR MOST UP-TO-DATE INFORMATION, GO TO:

www.bellevuecollege.edu/programs/degrees/proftech/aldac/

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