

STUDENT NAME		SID #	
PROGRAM CHAIR		DATE	

PROGRAM REQUIREMENTS			Requested Substitution/Transfer Credits (if applicable)			Completed		
Course	Course Title	CR	College/University	Course	CR	Grade	Quarter	Year
PREREQUISITE REQUIREMENTS								
Associate degree [preferred in business-related, allied health, wellness, life science, or personal fitness training] or equivalent credits		50						
CO-REQUISITE REQUIREMENTS								
Lab & Life Science: [preferred NUTR 100 or BIOL& 160] or courses from AAS-DTA list (must include at least one lab course)		10						
College Level Statistics: MATH 130, BA 240, or equivalent		5						
Anatomy and Kinesiology: PE 236, BIOL& 160 or General Anatomy		5						
English: ENGL& 101 and ENGL& 235 or ENGL 201		10						
Social Science: from AAS-DTA list and at least one course be a Communications course		10						
CORE COURSES								
BUS 295 or BUS 342	Business Practices for Health Promotion Professionals Management Practices and Processes	2						
CMST 330	Intercultural Health Communication	5						
ECON 315	Economics of Healthcare	5						
HCML 325	Organizational Theory & Behavior in Healthcare	5						
HPM 325	Foundations of Health Promotion	6						
HPM 330	Leadership in Outdoor Pursuits	4						
HPM 335	U.S. Healthcare Systems	5						
HPM 340	Lifestyle Wellness Coaching	5						
HPM 360	Epidemiology and Healthcare Statistics	5						
HPM 375	Applied Research Methods	5						
HPM 405	Health Behavior - Understanding and Effecting Change	3						
HPM 415	Community Health	2						
HPM 430	Lifestyle Chronic Disease and Environment	6						
HPM 440	Safety and Workplace Ergonomics for Wellness	4						
HPM 445	Public Health Program Development & Evaluation	5						
HPM 450	Worksite Wellness Management	4						
HPM 460	Community Health Service - Learning	1						
HPM 465	Practicum in Wellness Promotion	5						
HPM 470	Technological Applications in Health Promotions	4						
HPM 475	Capstone	5						
PHIL 365	Biomedical Ethics	5						
CORE TOTAL		91						
GRAND TOTAL		181						

The Bachelor of Applied Science in Health Promotion and Management (HPM) is designed as a cohort career-oriented program. HPM graduates will be ready to develop effective wellness programs within organizations to reduce healthcare costs, increase productivity, lower absenteeism, enhance employee safety and improve employee well-being.

The degree program is designed for individuals with business or healthcare preparation and experience. The first 90 credits of the degree are fulfilled by entrance prerequisites. The second half of the degree program offers a professionally relevant curriculum that helps students achieve their goals.

