

## **Yoga Instructor**

**Certificate of Completion** 

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STUDENT N	NAME				SID#				
PROGRAM CHAIR					DATE				
			Peguested Sub	stitution/					
PROGRAM REQUIREMENTS			Requested Substitution/Transfer Credits (if applicable)			Completed			
Course	Course Title	CR	College/University	Cou	rse	CR	Grade	Quarter	Year
CORE COUR	RSEWORK								
HLTH 145	Wellness Healthcare Providers	3							
HLTH 224	Wellness Coaching	2							
PE 148	Yoga Instructor Techniques I	3							
PE 149	Yoga Instructor Techniques II	2							
PE 236	Anatomical Kinesiology	4							
PE 280	Yoga Instructor Practicum	1							
TOTAL		15							
and group s standards fo certification health indus	ga in a wide variety of health and wellness setting settings. Completing this certificate at Bellevue Co or the National Yoga Alliance 200 hour Registeren as well as employment requirements for teachestry.	llege mee d Yoga Te	ets the eacher						
		الممطاسم	aların —						
	recipients should possess the skills & abilities de ethical and professional standards of the Internati								
Foundation  Develop a tional app  Evaluate, ness plan	on a deeper understanding of the Yoga Alliance sequ plications summarize and paraphrase client-based informa	ential ins	well-						
safety par									
■ Develop y	core strength, flexibility and posture benefits of yo yoga class sequential lesson plans incorporating i		lized						
	for clients and groups nd analyze professional and personal skills require on	ed in the	yoga —————						
Analyze a	and reflect on yoga within a wellness plan								
FOR MOS	T UP-TO-DATE INFORMATION, GO TO:								
www.belle	evuecollege.edu/programs/degrees/proftec	h/pe							
GAINFUL	EMPLOYMENT DISCLOSURE								
For details	about our graduation rates, the median debt of	student	s who						
completed the program, and other important information, please			e visit						
www.bellei	vuecollege.edu/legal/publicdisclosure								
NOTES									